

Leicester Soccer Club Under 8 (U8) Rules

- 6v6 - Five field players (3 forwards, 2 defenders) and a goalie.
- All players must have shin guards.
- Four 12 minute quarters. Five minute halftime.
- “Off sides” is not called.
- No slide tackling.
- No Jewelry of any kind.
- Substitutions on any stoppage of play.
- Throw-ins shall be with both hands from behind the head, and both feet on the ground. Player gets two attempts.
- Goal kicks are from the top of the box.
- Corner kicks will be used.
- Hand balls will be called (no penalty shots). A direct kick from beyond the penalty area will be awarded.
- Shin pads are required; cleats are suggested but not required.
- Size 4 ball is used.

Guidelines

- Referee is in complete control of the game.
- Within reason all players should play an equal amount of time.
- Parents are recommended to sit on the opposite side of field from players.
- Teach kids to play positions (i.e. defenders do not cross mid-field, forwards stay in lanes and do not chase ball).
- Purpose of this league is to develop the players and to encourage the love of the game.
- When team is “winning” (officially we do not keep score) by 2 or more goals put stronger players on defense and/or as the goalie.
- Any questions/complaints/concerns please contact league coordinators.
- Generally speaking 1 hour practice per week at coaches discretion.
- Set expectations with parents at first practice
 - Kids to show up early for practice and games
 - Bring water bottle to game and practice
 - Recommended to bring own soccer ball to practice
 - Inform parents of rules/sportsmanship